

## CHAI TIMES

#### TEMPLE BETH EMET OF BURBANK

Mark H. Sobel, Rabbi | Ira L. Goldstein, President

OCTOBER, 2009

600 N. Buena Vista St. (818) 843-4787 www.TempleBethEmet.com Burbank, CA 91505 Fax (818) 557-7240 Office @ TempleBethEmet.com

#### Rabbi Says:

" Blessed are You, Adonai, who spreads out a Sukkah of Completeness upon us, upon all the people of Israel and upon Jerusalem." (Daily Prayer Book)



This month actually begins with the eight day holiday of Sukkot, one of

who's commandments is to build a temporary hut and eat. sleep and spend as much time in it as possible. Being that it is temporary, it was originally fairly sparsely decorated. Today we add hanging fruit, posters on the walls, a lamp to read by and any other convenience we may need. In New York, they often add a heater. While I like conveniences and I like being warm. I believe the less decorations the better. Why? You may ask. Well, let's go back five days from Sukkot and of course we have Yom Kippor. In fact, we are commanded as soon as we break the fast at home, to begin building our Sukkah. We do these for two reasons, one, Judaism believes that great spirituality must be followed by grand activity, Yom Kippor with some minor exceptions is very cerebral and not too physical, so we need to extend the spirit to our limbs and extremities: and two, the simple Sukkah is to remind us of our purity leaving Temple. We have purified ourselves through Tshuvah (returning to G-dliness) and first non-selfish act is to build a pure home. We build this home of purity right next to our regular home. In fact, you are permitted to use one of the walls of your regular home as one of the walls of the Sukkah. It is more convenient that way, but there is also a greater profundity acting upon us. Of course, we eat, some sleep and spend as much time in the Sukkah as possible, but until they allow you to build one with indoor plumbing, you must go into the house for bodily functions. One becomes acutely aw are of what one has by

(Continued on page 4)

Friday, October 2, 2009
7:00 p.m. to 8:00 p.m.
Family Shabbat Service

Come join us in the Sukkah for stories, music and fun

Sunday, October 4—10AM Chai Society Planning Meeting

Tuesday, October 6 at 7PM
Rabbi's Adult Education series on
The History of Jewish Women

Saturday, October 10 - 11:30am
Sing with the Torah!
Join our religious school students
Simchat Torah Family Service

Tuesday, October 20 - 7:30pm
Maccabi Electra Tel Aviv vs. The Los
Angeles Clippers @ Staples Center
Temple group tix still available \$25!!
Benefits the world's largest
orphanage: Migdal Ohr—Call office!

### Sunday, November 8—10 AM to 2 PM Mitzvah Day

We will be stuffing backpacks with school supplies for needy children, having a dog wash and a car wash, collecting toys for Childrens Hospital and much more!

Contacts - Page 3 President's Message—Page 3 Chai Society— Page 9 Yahrzeits—Page 10

## President's message

The High Holiday season continues this month, concluding with Simcha Torah, which begins on the evening of October 10.

If you have never been to the Simcha Torah celebration at Temple Beth Emet, you really should come this year. Simcha Torah begins on a Saturday



evening, so it is not awork day for most of us before or after the service. During the service we unroll the Torah around the congregation, with everyone holding up part of the scroll, until one end meets the other. Then Rabbi Mark can read the last section of Torah, recounting the death of Moses, and begin the reading cycle again with the first verses of the story of creation. Ours is a unique Simcha Torah service and we welcome all your friends and family that you bring that evening.

During the High Holidays, we have been taking stock of ourselves – review ingwhere we have been and who we have been in the previous year, and thinking how we might evolve in the new year. During this period of reflection we have been busying ourselves with family gatherings, several days of services, building and taking down succot, and completing and beginning again the reading of the Torah. We really have not had much time to implement our self-improvement plans!

Fortunately, God has given us a quiet month, Heshvan, w ithout holidays, to recoup, refresh, and reflect, a month to begin our self-renewal plan. Heshvan is often referred to as "Mar Heshvan," which is translated at "Mr. Heshvan." The explanation being that the title of respect is given to make up for the lack of a holiday during the month. I have also seen the "mar" explained as "bitter" as in maror, but who can be bitter about a month of peace and quiet? Now when I was in Hebrew school, we addressed our male teacher with the title "Mar," and they were often quite bitter, but that is the subject of another column.

For now, enjoy the peace and quiet of Heshvan, because before you know it, Hanukkah will be here – it starts early this year!

Ira L. Goldstein, President

#### TEMPLE BETH EMET CONTACTS

President		
	call Temple Ruth Glick	
Host an Oneg	call Temple	818-843-4787
Men's Club	Richard Emerson	818-843-4787
PTA	Beth Rosen	818-843-4787
Reach Out		818-843-4787
Singles Group	call Temple	818-843-4787
Chai Society	Lisa De Luca	818-434-2244
Temple Enrichment	call Temple	818-843-4787
	Ruth Glick	
Temple Usage	call Temple	818-843-4787
Tributes	John Eisinger	818-842-5439
Ways and Means	Lisa De Luca	818-843-4787
	call Temple	
	Yvonne Beltzer	

Rabbi William M. Kramer Z"L\*......Rabbibill.com
\*May his memory be a blessing."

### CHAI TIMES TempleBethEmet.com

Chai Times is a free, monthly newsletter delivered by mail or available on the Temple Beth Emet website.

Article submissions are welcomed and may be emailed directly to the **Chai Times** at

#### Office@TempleBethEmet.com

or by delivery to the Temple office. Articles will be published based on space available, relevant content, and at the discretion of the Editing Staff, Temple Officers and Directors.

#### **Tribute Cards**

Tribute cards are always in order for happy or sad occasions. These cards are a wonderful way to remember or honor someone. The cost of our Tribute cards is now \$3.00 each.

If you would like to send a card, just contact our Tribute Chairperson, John Eisinger at 818-842-5439, and he will do the rest.

If you have any suggestions or ideas on how we can better serve our members, Temple President and the Board would like to hear from you. Call Temple office at (818) 843-4787 and leave a message.

Temple Beth Emet Officers and Board Members for 2009-2010

President:

Ira Goldstein

Executive Vice President: Steve Abrams

Vice Presidents:

Ruth Glick Barry Verdi Yvonne Beltzer Roni Razankova Andrea McKinnon

Corresponding Secretary: Naomi Aronoff

Recording Secretary: Shirley Abramson

Treasurer:

Beth Rosen

#### **Board of Directors:**

Alan Barlow Jodi Gross
George Davis Sandra Lewin
John Eisinger Lucy Rafaeli
Jackie Fogelman Craig Weisman
Margaret Goldfarb Rosa Zavallos

Rabbi Says: (Continued from page 2)

by leaving the Sukkah and entering the house, by departing from cold and arriving at warmth, by exiting simplicity and embracing complexity.

To rise above the starkness of the Sukkah we are supposed to invite guests to join us in the Sukkah. The Forefathers, the Matriarchs, our biblical ancestors and the rest are to join us in the Sukkah. But if you are like me, that's not enough; we still feel the loneliness of those who are not with us for the holidays. Children miss parents, parents miss children, friends long for friends, and lovers pine for lovers. Some of us have losses that are impossible to refind in this physical world, but there is another group of people we have no physical contact with. Those are our "loves" that have left us either by our actions or because of them. I was asked by one of my students, if Judaism has a 'sin of omission'. I told her." No". only 'commission." Well, congregants, I was wrong, we do have sins of omission. When we omit the simple act of inviting someone we love and care for to join us in the Sukkah, we sin by not helping ourselves reach Shalem (spiritual completion). We can never be complete as long as we are alone. We need others to join us in our search for fulfillment. With the simplicity of a pure Neshomah, we must reach out to those who by their presence in returning to our lives make us fulfilled. The souls who make us smile and laugh and those who argue with us and infuriate us. All these and more we need to invite to the Sukkah, physical or spiritual it matters not!

This year during Sukkoth let us leave our old angers, fears and dreads, and invite those who were/are a part of our lives to rejoin our life. And when Sukkot is over and we return to our regular homes, we will realize what we now have and appreciate it more. Then we will have truly built a Sukkat Shalom upon ourselves and upon all Israel and upon Jerusalem. Shana Tova B' Ahava, Rabbi Mark

our Temple Choir is awesome!

#### **October Yahrzeit Donations**

#### **Bernard Bermack**

...In loving memory of Sam Bermack

#### Valerie Bernath

...In loving memory of Sara Marcus

#### Nancy Tidwell

...In loving memory of Sidney Korman

#### Shirli Carb

In loving memory of **Irving Hoffman, Rita Hoffman and Roslyn Farber** 

#### **Robert Seeman**

...In loving memory of Max Seeman

#### **Andrew Ritterman**

...In loving memory of Roseanne Ritterman
Beverly Genereux

...In loving memory of Doris Katchen Rose

#### **Henry Kapson**

...In loving memory of Max Kapson

LaVerne and Robert Cohen

...In loving memory of Morey Cohen

#### **Helen Lott**

...In loving memory of Anna Schiller

#### **Margery Brown**

...In loving memory of Susan Betnum Moore

#### **Cherly Mundon**

...In loving memory of Lester Klein

Happy Birthday, Maurine



We acknowledge, with thanks, a donation from **Phyllis Mehlman** in honor of *Maurine Gold's 90<sup>th</sup> birthday* and a donation from **Simcha L'Chaim Havurah** in honor of *Maurine Gold's 90<sup>th</sup> birthday* 

# Temple Member Chai Lights



#### Shalom and L'Shana Tovah!

I'm w riting on behalf of Jew ish Vocational Service (JVS), a non-profit agency that has been helping our community w ith career and employment needs since 1930. At the beginning of this year, I sent an announcement of our new online job bank – JVS' <a href="www.ParnossahWorksLA.org">www.ParnossahWorksLA.org</a> - which is FREE to both employers and job seekers.

Since then, we have had tremendous success assisting individuals to get jobs and helping employers find excellent candidates. My hope is that you will continue to share the benefits of using JVS' online job bank with your congregation during the High Holidays and beyond. As you know, times are still tough for many people, which is why I want to make these resources available to your congregants.

Through <a href="https://www.parnossahWorksLA.org">www.parnossahWorksLA.org</a>, JVS connects people looking for a job directly with employers who need to fill positions. The site is free, local, and utilizes JVS' career counseling expertise to help both the job seeker and employer. JVS staff works with the job seeker to ensure he or she has the best possible chance of securing the right job, while pre-screening resumes for employers to ensure qualified candidates and a successful match.

In fact, if you have congregants who are employers, please encourage them to post open positions on <a href="https://www.ParnossahWorksLA.org">www.ParnossahWorksLA.org</a> at no charge. It's secure, confidential, and easy to use from the privacy of one's home or office.

To learn more about the full range of JVS Career and Employment Services, please visit us at www.jvsla.org, join us on Facebook at JVS Los Angeles or follow us on Twitter@JVSlosangeles.

Thank you in advance for your support of this initiative.

Warm regards,

**Greg Krentzman**Project Manager, ParnossahWorksLA.org
P:(323) 761-8888 x8874 F:(323) 761-8575
gkrentzman@jvsla.org www.jvsla.org

#### Mitzvah of bikkur holim

We would like to know if you are ill, in the hospital (or being treated at home), not as an exercise in gossip, but as an opportunity for *bikkur holim*, to extend a helping hand or a word of encouragement

This month's list is very long: *Eddie Bernstein* had a heart attack and was in the hospital. *Fran Bernstein* had surgery as well. *Debbie Greenberg broke her ankle, Bernice Dacher* was in the hospital. *Maurine Gold* has been ill with the shingles. *Carol Eisinger* has had a lot of back pain. *Andrea McKinnon* fell off a ladder and injured her knee.

.Remember the sick with cards, calls and visits.

### Temple Beth Emet Community Needs

- Are you in need of employment?
- Are you in need of someone to employ?
- Do you need help with chores?
- Do you have housing needs, vehicle needs or misœllaneous needs?

This column was created to assist members in finding help with their needs. If you would like to place an announcement in this column, call the office and describe the need in 25 words or less, leave a suitable telephone number and your first name. We will post it in the next month's Chai Times for two issues.



### HAPPY OCTOBER ANNIVERSARIES



Sandra & Joel Coler
Charlotte & Robert Patterson
Larisa & Michael Bolotsky
Tammy & Peter Golper
Fran & Edward Bernstein
Bruce & Kathleen Colton
Marsha Cohen & Harold Flom
Melissa & Michael Schenk

2009	Oc	5770	
Sunday	Monday	Tuesday	Wednesday
4	5	6	7
10:00 AM Chai Society Planning meeting		7:30PM—Adult Education	
11	12 Columbus Day	7:30 PM Temple Board Meeting (members in good standing are w elcome)	14
18 10:00 AM —007 Havurah meeting	19	20	21
9:30 AM 9:30 AM Men's Club meeting and breakfast	26	27	28
1	2	3 Election Day	4

2009	October	5770	
Thurs	Friday	Saturday	
1 6:15 PM Cribbage Club	7:00 PM Family Shabbat and Sukkot Services (note new time) Welcomer: Lucy Rafaeli	3 9:00AM Religious School Sukkot	
8 6:15 PM Cribbage Club	9 7:30 PM Shabbat Services Welcomer: Margaret Goldfarb	10 9:00AM Religious School 11:30AM Simchat Torah Service	
15 6:15 PM Cribbage Club Strategic Planning meeting (Contact Steve Abrams)	16 7:30 PM Shabbat Services Welcomer:	17 9:00AM Religious School Nathaniel Brice Bar Mitzvah	
22 6:15 PM Cribbage Club	7:30PM Shabbat Services  Welcomer: Naomi Aronoff  Oneg Shabbat hosted by Simcha/ L'Chaim Havurah	9:00AM Religious School	
29 6:15 PM Cribbage Club	30 7:30PM Shabbat Service Welcomer: Norman Goodman	31 9:00AM Religious School	
<b>5</b> 6:15 PM Cribbage Club	6 7:30 PM Shabbat Services Welcomer: Richard Emerson	7 9:00AM Religious School	

#### **INSTALLING LOVE**

**Tech Support:** Yes, how can I help you? **Customer:** Well, after much consideration, I've decided to install Love. Can you guide me through the process?

**Tech Support:** Yes. I can help you. Are you ready to proceed?

**Customer:** Well, I'm not very technical, but I think I'm ready. What do I do first?

**Tech Support:** The first step is to open your Heart. Have you located your Heart?

**Customer:** Yes, but there are several other programs running now. Is it okay to install

Love while they are running?

Can you tell me how?

**Tech Support:** What programs are running? **Customer:** Let's see, I have Past Hurt, Low Self-Esteem, Grudge and Resentment running right now.

Tech Support: No problem, Love will gradually erase Past Hurt from your current operating system. It may remain in your permanent memory but it will no longer disrupt other programs. Love will eventually override Low Self-Esteem with a module of its own called High Self-Esteem. How ever, you have to completely turn off Grudge and Resentment. Those programs prevent Love from being properly installed. Can you turn those off? Customer: I don't know how to turn them off.

**Tech Support:** With pleasure. Go to your start menu and invoke Forgiveness. Do this as many times as necessary until Grudge and Resentment have been completely erased.

**Customer:** Okay, done! Love has started installing itself. Is that normal?

**Tech Support:** Yes, but remember that you have only the base program. You need to begin connecting to other Hearts in order to get the upgrades.

**Customer:** Oops! I have an error message already. It says, "Error – Program not run on external components." What should I do?

**Tech Support:** Don't w orry. It means that the Love program is set up to run on Internal Hearts, but has not yet been run on your Heart. In non-technical terms, it simply means you have to love yourself before you can love others.

Customer: So, w hat should I do?
Tech Support: Pull down Self-Acceptance;
then click on the following files: Forgive-Self;
Realize Your Worth; and Acknowledge your

Limitations.

### Help the Temple Earn FREE Money Register your Grocery Cards Today!

Did you know that you need to re-register your cards each and every year? Now is the time to get that done! The Temple will be able to GROW and it won't hurt a bit!

**eScrip**: go to <a href="www.escrip.com">www.escrip.com</a> and go to "my eScrip" and sign in using your card number. Go to "Group Election" and enter "Temple Beth Emet of Burbank" or group ID# 138932501. Cards numbers are your Pavillions, Vons, Bristol Farms, Hows Market, Visa, Mastercard, American Express, Discover, Diners Club, ATM, Macy.

#### Albertsons. go to

http://www.albertsons.com/abs inthecommunity/. Use your Albertsons' card number and the 10 digit phone number you signed up with. Under Community Partners enter "Temple Beth Emet-Burbank" ID# 49000116994 and the percentage of the contribution to the temple (ie 100%).

**Ralphs:** go to <a href="www.ralphs.com">www.ralphs.com</a> and under "Services" go to "School Programs". Go to "Community Contributions". Sign in using your email address and follow the directions. Enter your Ralphs Card number (the 12 or 13 digit number is on the back of your Ralphs card beginning with either a 2 or 4). The organization# 80324 or under the name of "Temple Beth Emet of Burbank".

If you have any questions, please give Jodi Gross a call at 818-955-8910 or email me at <a href="mailto:higg98@yahoo.com">higg98@yahoo.com</a>. Please put in the subject line "TBE – eScrip".

Customer: Okay, done

**Tech Support:** Now, copy them to the "My Heart" directory. The system will overwrite any conflicting files and begin patching faulty programming. Also, you need to delete Verbose Self-Criticism from all directories and empty your Recycle Bin to make sure it is completely gone and never comes back.

**Customer:** Got it. Hey! My heart is filling up with new files. Smile is playing on my monitor and Peace and Contentment are copying themselves all over My Heart. Is this normal?

**Tech Support:** Sometimes. For others it takes aw hile, but eventually everything gets it at the proper time. So Love is installed and running. One more thing before we hang up. Love is Freew are. Be sure to give it and its various modules to everyone you meet. They will in turn share it with others and return some cool modules back to you.

**Customer:** Thank you, God.

October Yahrzeits									
NAME	REMEMBERED BY	DATE	NAME	REMEMBERED BY	DATE				
Oct. 2 at Temple			Oct. 23 at Temple						
Maria Marifa Karifar	0	0.1.4	Solomon Friedberg	Stanley Franklin	Oct. 19				
Msgr. Martin Keating	Congregation	Oct. 1	Els Valk Gold	Gold Family	Oct. 19				
Elsie Rattner	Arnold Rattner	Oct. 1	May Lubow	Nathan Lubow	Oct. 20				
Dr. Harold Resnick	Sid Resnick	Oct. 1	May Lubow Yetta Pink	Lester Pink Lester Pink	Oct. 20 Oct. 21				
Oct. 9 at Temple			Yetta Pink	Nathan Lubow	Oct. 21				
Ann Pollack	Roger Pollack	Oct. 4	James H. Ashford	Sandra Ashford	Oct. 21				
Harry Ringel	Mark Ringel	Oct. 4	Thomas Landolfi	John Manocchia	Oct. 21				
Jeanette V. Kramer	The Kramer Family	Oct. 5	Joan F. Strauss	Howard Strauss	Oct. 22				
Robert R. Beltzer	Yvonne Beltzer	Oct. 5	Fanny Rosenberg	The Congregation	Oct. 22				
Vaughn Verdi	Barry Verdi	Oct. 6	Mary Reinhart	Dottie Pierce	Oct. 22				
Stephen Merrill	Andrew Merrill	Oct. 7	Eda P. Leibson	Julie Mann	Oct. 23				
Elizabeth Teller	MickeyTeller	Oct. 7	Hannah Davis	Evelyn Jackman	Oct. 23				
Irwin Eugene Siegel	Lisa De Luca	Oct. 7	Paul Stein	Bernice Dacher	Oct. 23				
Anne Mundon	Cheryl Mundon	Oct. 9	Samuel Sopasnik	Judith Antelman	Oct. 23				
Nan Gold	Gold Family	Oct. 10	Samuel Sopasnik	Marlene Flowers	Oct. 23				
Oct. 16 at Temple			Vicki D. Strauss	Howard Strauss	Oct. 24				
Irma Karchmer	Sylvia Schuster	Oct. 12	Larry Weinfeld	Brad Weinfeld	Oct. 24				
Rabbi Albert Shulman	Gold Family	Oct. 12	Edythe Bresn	Ruth Granat	Oct. 24				
Marvin Zweier	Jean Zweier	Oct. 12	Bill Babroff	Janet Babroff	Oct. 24				
Dorothy Conner	Harvey Phillips	Oct. 13	William Aronoff	Naomi Aronoff	Oct. 24				
Solomon Sorkin	Sofia Brook	Oct. 13	Oct 30 at Temple						
Nosrat Hakahka	Mina Sobel	Oct. 13	Bernard Cohen	Robert Cohen	Oct. 25				
Hank Blum	Mike Blum	Oct. 14	Louise Hammett	Lucy Rafaeli	Oct. 25				
Zeke Manners	Susie Manners	Oct. 14	Helen Margolin	Neil Margolin	Oct. 26				
Ida Freemel	Matt Johnson	Oct. 15	R. L. Manocchia	John Manocchia	Oct. 26				
Berthold Kleinberg	Carole Eisinger	Oct. 15	Eva Resnick	Fred Bayer	Oct. 26				
	•		Dora Bigley	Bruce Bigley	Oct. 27				
Abraham Mazor	Howard Strauss	Oct. 15	Sheldon G. Schorr	Richard Schorr	Oct. 28				
Robert Charofsky	M/M Don Spielvogel	Oct. 15	Elmore Leland Rogers	Roxanne Oliver	Oct. 28				
Oct. 23 at Temple	0.1115	<b>a</b>	Rae Brykman	Harriett Schwab	Oct. 29				
Rev. Harry Cosson	Sybil Bracher	Oct. 18	Henry Shapiro	Leah Nudell	Oct. 29				
William Schneider	Sybil Baitz	Oct. 19	Eva Pandrowitz	Harriet Feinstein	Oct. 29				
Gabriel Markado	The Markado Family	Oct. 19	Jennie Nudell	Leah Nudell	Oct. 30				

Anyone can get the flu (even healthy people), and serious problems from the flu can happen at any age. However, children under the age of 5 years, pregnant women, people of any age with chronic medical conditions (such as pulmonary disease, including asthma, diabetes, neuromuscular disorders or heart disease), and people age 65 years and older are more likely to get complications from the flu.

# Planning Meeting Sunday, October 4 at 10a.m.

A special THANK YOU to

<u>HANDY MARKET</u> for donating apples & honey for Holiday services! And to Diane Weissman,

Jodi Gross, Jackie Fogelman & team for cutting & serving!!

#### 12 Ways You Can Stay Healthy

You can protect yourself and others by following these key action steps.

- **1. Maintain a healthy lifestyle** through rest, diet, exercise, and relaxation.
- **2. Wash your hands frequently** with soap and water for 20 seconds or use an alcohol-based hand cleaner if soap and water are not available. Be sure to wash your hands after coughing,
- **3. Avoid touching your nose, mouth, and eyes.** Germs spread this way.
- **4. Cover your coughs and sneezes with a tissue**, or cough and sneeze into your elbow.
- **5. Keep frequently touched common surfaces clean,** such as telephones, computer keyboards, doorknobs, etc.
- **Dispose of tissues in no-touch trash receptacles**. Toss tissues into waste baskets after they have been used for œughs, sneezes, and blowing your nose. Place waste baskets where they are easy to use. Avoid touching used tissues and other waste when emptying waste baskets. Clean your hands after emptying waste baskets.
- **7. Increase social distance** or the spacing between people
- 8. Use good laundry practices. Gather soiled clothing, bedding, and linens without creating a lot of motion or fluffing; for example, do not shake sheets when removing them from the bed. Clean your hands after handling soiled laundry items and before removing clean laundry from the washer or dryer, especially if you have coughed or sneezed on your hands.
- 9. **Get vaccinated against seasonal flu** when vaccine is available in your area. If you are at higher risk for 2009 H1N1 flu complications you should receive the 2009 H1N1 flu vaccine when it becomes available. People at higher risk for 2009 H1N1 flu complications include pregnant women and people with chronic medical conditions (such as asthma, heart disease, or diabetes).
- 10. If you are sick with flu-like illness, stay home. Don't spread the flu!

  Symptoms of flu include fever (100 degrees Fahrenheit or 38 degrees Celsius) or chills and cough or sore throat. In addition, symptoms of flu can include runny nose, body aches, headache, tiredness, diarrhea, or vomiting. CDC recommends that sick people stay home if they are sick with flu-like illness until at least 24 hours after they are free of fever without the use of fever-reducing medicines.
- 11. Check with your doctor about any special care and Ask your doctor about antiviral medicines or fever-reducing medicines for sick household members. Do not give aspirin to children or teenagers; it can cause a rare but serious illness called Reye's syndrome
- **12. Keep sick people in a separate room** (a sick room) in the house as much as possible to limit contact with household members who are not sick. Consider designating a single person as the main caregiver for the sick child.

For more information, visit <a href="www.flu.gov">www.flu.gov</a> or contact CDC 24 Hours/Every Day at 1-800-CDC-INFO (232-4636)

\* TTY: (888)232-6348

#### IRA L. GOLDSTEIN

ATTORNEY AT LAW

2550 N. Hollywood Way, Suite 201 Burbank, California 91505 (818) 845-1421

Estate Planning - Probate - Family Law Civil and Business Matters

## **Babysitting Service**

Katy and Zoey Rosen (818) 843-7242 We are Certified Babysitters by the American Red Cross of Santa Monica



John. S. Manocchia Auctioneer/Realtor Mobile (818) 266-1372 Tel-Fax (818) 848-8436

1741 North Rose Street Burbank, CA 91505

## Special discounts and financing for members of Temple Beth Emet

HLLSII

MEMORIAL PARK AND MORTUARY

Paul Goldstein, Director of Sales 6001 Centinela Ave., Los Angeles, CA 90045 (800) 576-1994 • (310) 641-0707 • FD 1358 www.hillsidememorial.org

# Burbank Temporary Aid distributes food to the poor and working poor who come to the their facility looking for assistance. Their food supply is rapidly being depleted.

Requested items are: Macaroni & cheese, peanut butter, cereals, canned fruits and vegetables, canned soups, canned meats (chicken, tuna, etc.,), rice, pasta, instant potatoes, pancake mixes, syrup and personal hygiene supplies such as toothpaste, tooth brushes and deodorant.

Non-perishable food items can be brought to the temple and placed in our food donation box located in the fover.

#### Temple Beth Emet

600 N. Buena Vista St Burbank CA 91505 (818)843-4787



"the temple with a heart"

An Independent Reform Congregation

Fran Bernstein Kiddush Planner

We Welcome You To Our Friday Services – 7:30 PM

#### **HelpSupport**

Temple Beth Emet

### THROUGH THE CHARTER COMMUNITY CONNECTION<sup>TM</sup> PROGRAM

Charter is dedicated to supporting local community organizations. Through the Charter Community Connection™ fundraising program, you can get the best services Charter has to offer and feel good about supporting Temple Beth Emet of Burbank.

#### IT'S EASY!

- 1. **Call 1-866-977-5747** to sign up for Charter Digital Cable®, Charter High-Speed® Internet, and/or Charter Telephone®\*.
- 2. **Provide the organization ID code: 77023.** You must mention the ID code at the time of placing the order for your organization to get credit.
- 3. **Charter will support Temple Beth Emet** by making the following referral contributions for your order:
- \$75 for the first qualifying service\* you order.
- Additional \$25 for each additional service ordered on the same call (up to a maximum of \$125).

Referral payments are limited to orders placed during one call per customer. It's a great way to make a difference in someone's life, and you get to enjoy great services from Charter. Don't forget to help spread the word to your friends and family.

Call 1-866-977-5747 to order Organization ID Code: 77023

Learn more at: www.chartercommunityconnection.com

Do you know that our temple now sells:

Resuable shopping bags - \$3.00 each

Do your part for the environment and look great doing it! Made from recycled materials-royal blue with our logo. In the temple office.

Entertainment books - \$30.00 each (\$5 off list price) with <u>hundreds</u> of <u>dollars</u> of <u>savings</u> for restaurants, services & entertainment. You can also order books good in dozens of cities across the U.S. and go on-line for additional coupons & promotions. A display is in Blum Hall or call the temple of-

Support our Advertisers & Support our Temple!

Mon.-Fri. 9-6



Saturday

PHOTO . DIGITAL . VIDEO

Henry Gross

Certified Photographic Consultant

519 N. Glenoaks Blvd. Burbank, CA 91502

Phone: (818) 841-5011 Fax: (818) 845-3331

## **Recycling**

Raise Funds for the Temple and Help the Environment at the Same Time!



**CELL PHONES:** Simply collect cell phones from your parents, friends, neighbors, & from businesses in your community.



ALUMINUM CANS: Don't throw that empty soda can away. Collect aluminum cans from your friends, family and neighbors and bring them to the Temple so they can be redeemed for cash. (Please rinse out)

TONER, INK JET CARTRIDGES & USED BATTERIES: Bring them in and we will recycle them for you.

#### Super-Transportable

#### SuperLight **ELECTRIC SCOOTER**

- 100 lb Weight
- 24 lb Heaviest Part
   Fits in Car Trunk
- 250 lb Capacity
- 12 Mile Range
- 1 Minute Assembly
   No Tools Required
- Air Travel Friendly
- Indoor/Outdoor
- Medicare Approved



### PLANAHEAD. IT'S A GIFT OF LOVE.

Rebecca O'Brien,

Advanced Planning Representative 800-600-0076 ext 337

robrien@mountsinaiparks.org



**Memorial Parks and Mortuaries** 

Hollywood Hills FD1010 5950 Forest Lawn Drive Los Angeles

Simi Valley FD1745 6150 Mount Sinai Drive Simi Valley

Dedicated to the entire Jewish community as a service of Sinai Temple of Los Angeles





Enrich your life, join a Havurah.

News from two of our havurahs

Havurah 007 got together last month to break the fast.

Simcha/L'Chaim Havurah got together last month to break the fast.

If you would like information on joining a Havurah, call Ruth Glick at (818)780-9134.