

September 2014



# Chai Times

## Temple Beth Emet of Burbank

Mark H. Sobel, Rabbi Ira L. Goldstein, President

600 N. Buena Vista St. Burbank, CA 91505  
(818) 843-4787 Fax (818) 557-7240

"THE TEMPLE WITH A HEART" [www.TempleBethEmet.com](http://www.TempleBethEmet.com) [Office@TempleBethEmet.com](mailto:Office@TempleBethEmet.com)

### "How Goodly are your Tents, O Jacob, Your dwelling Places, Israel" (Numbers 24:5)



As we approach the High Holy Days, we are going to be asking ourselves how did we sin this year? Usually that means what did we do wrong? These are sins of Commission, but what about the sins of Omission? What could I have done that I did not do. The Ashamnu Prayer recited on S'lichot, Rosh Hashanah and Yom Kippur mentions a list of sins that is in alef-betical order and carries a multitude of activities in it. It always amazes me that there are so many. No one person could possibly do all of them. Then why do we say them all? Because Judaism believes in collective responsibility. Just in case you forgot a sin or two that you did, I am saying these for you. And just as there are so many sins, there are so many ways to do Tzedakah. Each of us, is a unique manifestation of G-D's creation. No two of us are exactly alike. Therefore, each of us can do Tzedakah (righteous behavior) in his/her own unique way. And these Tzedakah acts can be unique unto themselves. Alas, there are those in our community who see Tzedakah as actions being done in only one area of thought or one category of deed. I believe loving G-D and, by extension, another person is the ultimate form of Tzedakah. Remember the **V'ahavta prayer IMMEDIATELY follows the Shema in the Book of Deuteronomy. The unity of G-D is followed by love:** physical love, spiritual love and what I believe the word 'M'odeka' means, unique love. Thus, we all have the power to do unique acts of Tzedakah/Love. One act that I have never asked of our community comes to me now with great urgency. We have Temple member families who have lost their places of residence. These are people who have contributed to our synagogue in many varied ways. These are not strangers, but people I know personally. I have made temporary arrangements for them in the past, but those arrangements, while generally good, were not suitable. I am asking, frankly, if

(Continued on Page 4)

### SPECIAL EVENTS

Now, online, you can visit our website, [templebethemet.com](http://templebethemet.com), or go directly to **YouTube**, to see **Torah for Today**, Rabbi Mark Sobel's weekly drash "podcast."

Family Service/Pizza Night at Temple **resumes on Friday, September 5th at 6:00PM.** Followed by Shabbat Service at 7:00 PM. (See our add on Page 8 and also our calendar on Page 11.)



Sisterhood presents "Women's Role in Judaism" by Rebbetzin Mina Sobel on **Sunday, September 7th, at 11:00 AM.** Refreshments will be served. (The flier is on Page 10.)

Temple Beth Emet Religious School begins **Sunday, September 7th at 9:00 AM.** Please turn to Page 4 to read an overview of this coming school year written by David Goldstein, President of our Religious School Parents Assn.



Check out the last concert of TBE's Hollywood Bowl's Summer Series of Concerts! (See Page 15.) Bring a picnic supper and enjoy GREAT music. . . This concert has a very exciting fireworks show!



Our Men's Club is presenting a "Back-To-School Brunch" on **Sunday, September 21st at 11:30 AM.** The Students, Parents and Family and Teaching Staff, are all welcome to attend. You'll find this on the calendar.



Check out Sisterhood's mini-flier about our Rosh Hashanah gift boxes of honey cake, honey products and shipping to friends and family on Page 7.



Our Youth Group contributed to this month's issue. See Nicolas Zevallos' Knesset AZA column and a photo on Page 8.





### Religious Leadership

Rabbi Mark H. Sobel  
Lay Cantor, Kyle Orlemann  
Music and Choir Director,  
Robyn Kreisberg

Rabbi Emeritus William M. Kramer Z"L\*  
\*His memory will always be a blessing to us.

### 2013-2014 Officers and Directors

#### Officers

Ira L. Goldstein, *President*  
John Harrel, *Vice President*  
Jeff Fishel, *Treasurer*  
Carrie Ross-Greenleaf, *Secretary*

#### Directors

Shirley Abramson  
Barbara Bolter  
Jack Fishel  
David Goldstein  
Carrie Ross  
Barbara Lux  
Herbert Murez  
Ken Watnick

#### Past-Presidents

Steve Abrams  
Richard Emerson  
Norm Goodman

#### Men's Club President

Ron Kurtz

#### Sisterhood President

Shirley Abramson

### Morris Gold Religious School Faculty

Rabbi Mark Sobel, Education Director  
Shirley Kirschenbaum, Grades K-1  
Sarah Emerson, Grades 2-3  
Tanya Termechi, Grades 4-5  
Joshua Sobel, Grades 6-7  
Mahnaz Termechi, Bar/Bat Mitzvah  
Preparation  
Martin Greenfield, Confirmation  
(Grades 8-10)  
Robyn Kreisberg, Music  
Barbara Lux, Teaching Assistant  
Rachel Freeman, Teaching Assistant

### Religious School Parents Organization

David Goldstein, President

### Office Staff

Victoria Gaffney, Sylvia Sutton  
Religious School Office Assistant,  
Edith Dague

### Committee Chairs

#### Calendar and Usage

Victoria Gaffney

#### Communications

Andrea McKinnon

#### Education

David Goldstein

#### Membership

Barbara Bolter

#### Ritual

Ira L. Goldstein

#### Social Action

Margaret Goldfarb

#### Ways and Means

Linda Harrel

#### Building and Maintenance

Jerry Engelberg

### Coordinators and Volunteers

#### Adult Education

David Goldstein

#### Chai Times Editor

Barbara Lux

#### Children's Hospital LA Toys

Shirley Abramson

#### eScrip, Ralphs

[TBD]

#### Food Drives

Jerry Engelberg

#### Havurahs

Ruth Glick, (818) 780-9134

#### Library

Barbara Lux/Bill Abramson

#### Marquee

Craig Weisman/Rabbi Mark Sobel

#### Mitzvahs

John Eisenger, 818-842-5439

#### One Call

Victoria Gaffney

#### Reach Out

Craig Weisman/Rabbi Mark Sobel

#### Recycling

Yosi Fisher

#### Technology

Alan Barlow

#### Historian

TBD/Rabbi Mark Sobel

#### Youth Group Coordinator (BBYO: AZA &

BBG)

Josh Sobel

#### Webmaster

Alan Barlow

***Why not add YOUR talents to those  
who serve our community?***

### Temple Beth Emet Office Hours

Monday-Thursday—9:00 AM-noon  
Friday & Sunday—9:00 AM-1 PM  
Saturday closed

### The office is closed in observance of the following holidays:

*New Year's Day, President's Day,  
First day of Pesach, Memorial Day,  
Independence Day, Rosh Hashanah,  
Yom Kippur, Thanksgiving*

Call the Temple office at (818) 843-4787 to  
contact Temple Staff/volunteers. Your message  
will be forwarded to the appropriate person.

## CHAI TIMES

**Chai Times** is a free, monthly  
newsletter delivered by email to  
members and available at  
[www.TempleBethEmet.com](http://www.TempleBethEmet.com).  
Mailed hardcopies are available for  
an annual TBE donation payable  
through the Office.

Editable article submissions, photos  
and feedback are encouraged and  
**due by the 15th of the month** and  
may be emailed to:

[chaitimes@TempleBethEmet.com](mailto:chaitimes@TempleBethEmet.com)  
or delivered to the Temple office.  
Submissions will be published based  
on space available, relevant content,  
and at the discretion of Editor  
Barbara Lux, Temple Officers, and  
Directors.

Shop at Ralphs? Register your reward card  
at [ralphs.com](http://ralphs.com) and add TBE as your  
organization! Or register with eScrip.com  
and support TBE when you shop!

### Follow Temple Beth Emet of Burbank

View webcasts at  
[http://www.ustream.tv/discovery/live/all?  
q=bethemetofburbank](http://www.ustream.tv/discovery/live/all?q=bethemetofburbank)

Join our Facebook group at  
<http://www.facebook.com/groups/58688622493/>

If you have any suggestions or ideas on how we can  
better serve our members, please call the office or  
email us at [office@Templebethemet.com](mailto:office@Templebethemet.com)

## PRESIDENT'S MESSAGE - September 2014



As September begins we are also in the first few days of the month of Elul on the Jewish calendar. Elul is a month of spiritual reflection and reconciliation leading up to the High Holidays. Elul follows the month of Av. On the 9<sup>th</sup> day of Av we commemorate the destruction of the First Temple in 587 BCE and the Second Temple in 70 CE. Several other calamities are associated with the 9<sup>th</sup> of Av, and some of them were deliberately planned to occur or begin on that date because of its significance to our people. Accordingly, our spirituality ebbs in Av. In Elul, we arise from the dispiritedness of Av. Spiritually we become alive again.

Our Jewish community becomes more active in Elul. Here at Temple Beth Emet religious school is resuming, and as people complete their summer travels and other summer activities we see an increase in attendance at Shabbat services and in involvement at Temple in general. As the High Holidays get closer, we get more inquiries about tickets for services, Temple membership, and religious school enrollment.

In Elul, spirituality increases as we prepare for the High Holidays. I would like to suggest some ways you can increase your personal spirituality by doing a few things to help people you do not even know.

We collect toys for Children's Hospital. They distribute 80,000 toys a year to children in their hospital and through their outpatient programs. They need new, unwrapped toys. They cannot accept stuffed toys. Bring your donations to Temple and leave them in the collection box and Jerry Engelberg will deliver them to Children's Hospital. If you want to know more about their program, including their "wish list" of items, go to <http://www.chla.org> and enter "donate toys" in the search box on their site.

We collect non-perishable food for Jewish Family Services and Burbank Temporary Aid. Bring your donations to services on Yom Kippur and place them in Jerry's trailer, and he will sort them and deliver them to the agencies. (Do you see a pattern here? Jerry likes to help people and he likes to help us help people.)

We collect knitting yarn which will be made into caps and scarves for veterans. Donations of any kind or amount of yarn and even projects that are unfinished are accepted at Temple. Lay Cantor Kyle Orlemann will make sure your donations are transformed into gifts of warmth and appreciation.

As we prepare for the start of the Jewish Year 5775, may we all be moved to do acts of love and kindness, and may we all be inscribed for a year of health, happiness, and peace.

On behalf of the Temple administration as well as my family and myself, I wish you "I'shanah tova tikatevu," may it be a good and sweet year for all of us.

-- IRA L. GOLDSTEIN, President



a Temple family has a spare room, a guest house, a motor home, is travelling and needs a house sitter or knows a person who is alone and looking for companionship, call the Temple, leave a message for me and I will call you back, I promise. Several years ago, Rabbi Kramer was asked why we don't take in the homeless and he replied, at that time, that the people without homes were not like the "Dust Bowlers" of the Great Depression, but had other problems that made them dangerous to themselves and to the Temple. The people I am speaking of are no danger to the Temple. Through their acts, they have shown great love for the Temple. If you contact me, I will personally vouch for them. They are willing to work to pay their upkeep. Please everyone, look inside your hearts and your homes and do a unique Mitzvah by finding a unique place in both places for these members of our Temple family. Then you will hasten all of our salvation. And for all of us may it be a Shana Tova.

B'ahava ,  
Rabbi Mark



**A SPECIAL MESSAGE FROM OUR RELIGIOUS SCHOOL PARENTS ASSOCIATION  
PRESIDENT, DAVID GOLDSTEIN, REGARDING OUR UPCOMING SCHOOL YEAR**

On behalf of the Religious School Parents Association, I'd like to welcome all Religious School Students and Parents to the 2014/15-5774/75 Religious School Year! The purpose of our group is to help the Rabbi and Religious School faculty in providing a high quality Jewish education for the young people of our congregation and to promote our Religious School and its activities to the greater community.

Our meetings are held monthly, on Sunday mornings from 9:00-10:00 AM—the first meeting of the new school year will be held on September 14th at 9:00 AM. We encourage all parents to attend—some of the best and most creative ideas for new ideas came about as a result of suggestions made by parents at these meetings last year. If you have suggestions for a new activity, or possess any special abilities to share with our group, please let us know.

Our group is organized with a Room Parent for each class, who is in charge of relaying information to parents, as well as organizing help for the various activities throughout the year. We have a dedicated group of parents who have graciously volunteered to help out. Our Room Parents for this school year are: **K/1**—Dana Schwartz, **2/3**—Rina Shavit, **4/5**—Jessica Wertlieb, **6/7 Bar/Bat Mitzvah**—Amy Lawrence, **Confirmation**—Laura Goldstein. Margaret Goldfarb will continue to advise our group in her capacity as Past President.

The school year got off to a great start with our Registration/Orientation Day on August 24th. We are looking forward to an exciting school year ahead! Please join us at our meetings and find out how to become a partner in your children's Religious School education.

David Goldstein  
TBE Education Committee Chair  
President, Religious School Parents Association (RSPA)

Dear Fellow Congregants,

We are planning a Temple Trip to Israel! We now have a working relationship with a travel agent who will gladly give us a special discount on the tickets. If you or any of your family members are interested, please call the Temple office and leave a message for me. The telephone number is (818) 843-4787.

Shalom, Rabbi Mark





## JERRY'S LITTLE CORNER OF THE WORLD



It was a blessing seeing so many Boy Scouts, proud parents and friends descending upon **OUR** Temple and help an Eagle Scout candidate complete his requirements for the rank of Eagle Scout. I also want to thank Rabbi, Ira and Josh for helping with the cleaning, organizing and throwing out useless items from **OUR** Temple. Still, much work needs to be done to make our Temple a place of which we can be proud.

More burned out lights need to be replaced, broken sockets in our Memorial Boards need to be replaced, the door to the courtyard (from Blum Hall) needs to be taken off, repaired and reinstalled. A water shut-off valve to the building needs to be replaced. Pine needles are already filling our gutters, a downspout, needs to be repaired, the drain in the parking lot needs some cement work. The list goes on and on. . . If **YOU** have any expertise in any way, in any field, and would like to help, please let me know. I would really appreciate your help.

So, how did you like the Ice Cream Social? Just remember, all proceeds, after expenses, goes into a special fund to replace **OUR** Temple air conditioner, when it fails. It will probably be in the \$10,000+ range to replace it. Additional donations can be made by sending a check to the Temple, made out to: TBE Sisterhood (writing on the memo line of your check, TBE Air Conditioning Fund). That will ensure your funds will get where they are intended to go.

September will be a busy month. Religious School starts on Sunday, September 7th, at 9:00 AM. The Sisterhood meeting is also on the 7th, starting at 10:00 AM, and at 11:00 AM, Rebbetzin Mina Sobel will be the special guest speaker for a women's presentation. The Men's Club will hold its' quarterly meeting on Thursday, September 18th at 7:00 PM, and their sponsored "Back To School Brunch" will be held on Sunday, the 21st at 11:00 AM. Pizza Night will resume on Friday, September 5th at 6:00 PM. You can refer to this issue's calendar on Page 10.

As I mentioned in last month's article, I need a few good people to help move and set up "Temple St. Jude's" for the High Holidays. Set your clocks or calendars for Sunday, September 21st, 2014, at 12:00 Noon to help load, drive to St. Jude's for **OUR** High Holidays. (Note: repetition is supposed to be good!)

I don't know why people think it's a joke (or don't take it seriously), when we ask that articles (or photos) for the *Chai Times* be submitted by the 15th of each month. It takes many hours for Barbara to put together **OUR** newsletter, and it's not funny when articles or information is submitted later than the 15th deadline. I am going to ask Barbara to NOT include anything that is submitted late. If you received your Chai Times late, it was caused by those inconsiderate members who submitted articles or information after our deadline. Start on your article on the 1st of the month, thus you will have many opportunities to edit, revise or otherwise modify your article before the 15th of the month. Submit your article, information or photos via the Internet to Barbara's email address: [formerlygidget@gmail.com](mailto:formerlygidget@gmail.com). She will take it from there. (You can't blame it on the slow mail!!)

**It's time to join us at "Temple St. Jude's" for the High Holidays and Temple Beth Emet every Friday.**





A Special Announcement  
From One  
Of Our Temple Families

In loving memory of Uncle Joey Schanzer's  
100th year!

In great honor of Uncle Orven Schanzer's 90th  
Birthday!

Sponsored by Lisa Gilman

**Happy Anniversary**

Bert and Marla Goldberg  
Wes and Tisha Paster  
Scott and Elaine Fishman



*Happy Birthday!!!*



**Barbara Beck**  
**Allie Besserman**  
**Vickie Feinberg**  
**Linda Faden**  
**Sam Besserman**  
**Bruce Bigley**  
**Tom Bernath**  
**Mimi Tiger**  
**Sean Miller**  
**Vincent Van Dyk**  
**Naomi Aronoff**

**September 3rd**  
**September 3rd**  
**September 4th**  
**September 5th**  
**September 10th**  
**September 10th**  
**September 11th**  
**September 14th**  
**September 21st**  
**September 21st**  
**September 26th**

**Caleb Lubell**  
**Ruthe Granat**  
**Michael Heiss**  
**Joyce Feinsilber**  
**Ian Noureal**  
**Sierra Spencer**  
**Bonnie Friedman**  
**Brian Sharaf**

**September 26th**  
**September 27th**  
**September 27th**  
**September 28th**  
**September 28th**  
**September 29th**  
**September 30th**  
**September 30th**

**And a belated happy birthday to Hannah Cline—August 2nd!**

## Havurah (a gathering of friends) Happenings



**Havurah Shachar**  
**(Parents of religious school kids)**

To join or for info contact

Carrie (818) 489-3022

[carriemomoftwo@yahoo.com](mailto:carriemomoftwo@yahoo.com)

**Havurah Simcha L'Chaim:**

To find out more or form a new one  
call Ruth Glick (818) 780-9134

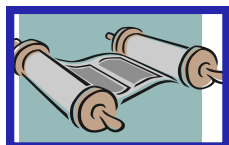


Family Promise helps low income families achieve lasting independence.

TBE co-hosts families with St. Jude's Church. Service hours are available.

Family Promise rotations are on hiatus, due to financial concerns. We hope that Family Promise and the rotations will start again soon.

**Now, online, at a convenient time for you, you can visit our website, [templebethemet.com](http://templebethemet.com), or go directly to **YouTube**, to see Torah for Today, Rabbi Mark Sobel's weekly drash "podcast."**



**We are continuing with our Second Adult B'nei Mitzvah Class, presented by me, Rabbi Mark Sobel. The classes are on Mondays at 7 PM in the Temple Sanctuary. If you are interested, please contact the Temple Office and give your name and telephone number. The Temple office telephone number is (818) 843-4787.**

**Shalom,**

**Rabbi Mark**



If you have a Facebook page, please feel free to add Temple Beth Emet as a Group to it. You can share relevant Jewish issues and timely messages with your Temple Family and receive notices and information, as well.



**Temple Beth Emet of Burbank 600 N. Buena Vista St.—Burbank, CA 91505  
(818)843-4787—[www.templebethemet.com](http://www.templebethemet.com)**



**"Bee a Sweetie" & order your Honey Cake Gift Boxes today!**



Boxes contain a delicious 8oz. honey cake, candy, honey straws, recipe and a Rosh Hashanah greeting.

**For just \$13 you can sponsor a honey box to send to military personnel. Or, you can just take one with you.**

**For \$20 we will ship one for you anywhere in the continental United States.**

Thank you for helping support this  
TBE Sisterhood Fundraiser!

If you would like to place an order,  
please contact:

TBE office at  
(818) 843-4787 or  
Shirley Abramson at (818) 985-2243

## **Knesset AZA**

Hello! My name is Nicolas Zevallos and I am proud to announce that I am the new President of Knesset AZA, a local youth group chapter. I could not be more excited to begin the next term!

First off, I would like to introduce Knesset's new board: On the far right is our Vice President of Internal Affairs and our Secretary, Alexander Schwartz. Next is our Vice President of Membership, Spencer Kierstein. After is the President, Nicolas Zevallos. Under him is the Vice President of Jewish Heritage, Community Service, and Social Action, Chase Tachau. And lastly, is our Treasurer Drew Thomas-Nathan. These dedicated men, including me, are all extremely motivated to see Knesset expand in the upcoming months. They, in their short time in BBYO, have already embraced Knesset as their home, and I know that we will do spectacular things in the next term!

Next, I want to articulate what Knesset is all about. In part, we are a local Jewish youth group that has many enjoyable activities and connects Jews of the same age with each other. However, I truly believe that what makes Knesset special is its role in education/responsibility and the family that it creates.

As many say, high school is an important component of education, but I believe that there is so much more to it. Knesset definitely fills that void with its various leadership positions and opportunities. I've had the opportunity since my freshman year to be a part of Knesset board, which is a set of six elected members of Knesset with specific jobs to ensure that the chapter grows and thrives. This leadership experience has helped me mature and has also provided me with countless practical lessons, especially the true meaning of responsibility. The amazing thing is that all members can make an enormous difference and assume much responsibility. Knesset and BBYO is truly what you make of it, and I relish the fact that there are so many opportunities available for all.

The one thing that makes Knesset one of the greatest experiences of high school is the brotherhood that we share. In a matter of hours, a new member who might not even know anyone during their first meeting, is immediately welcomed into our growing family. Many kids do not feel connected with the various organizations at schools, but Knesset, with its positive environment, seems to draw in all different types of character, adding to our eccentric yet amazing family.

I also would like to briefly talk about our wonderful head advisor, Joshua Sobel. He is an alumnus of Knesset AZA, and he has been a huge help in the restoration of this chapter as one of the strongest in the region. We definitely appreciate Josh, and he is a huge part of our recent success.

Knesset hopes to maintain its amicable relationship with Temple Beth Emet, which has provided a physical home for our chapter for years. This partnership is definitely beneficial for both in countless ways. Thank you for your support of our chapter, and I will continue to update you on the amazing things Knesset is accomplishing.

I humbly remain,

Nicolas Zevallos  
Godol of Knesset AZA #2511







# Visit the Helen Pappert Gift Shoppe

*The Gift Shop is filled with products for all your Judaic needs. All items are at reasonable prices.*

**Remember the sick and bereaved with cards, calls, and visits.** They help heal and comfort.

We wish them a *Refuah shl'eimah*, whole recovery to good health.

We want to wish our dear friend and congregant, George Davis, a speedy recovery from his recent injury and resultant surgery. We are happy he is on the road to recovery.

Our cherished friend, Fran Bernstein has been ill, and subsequently hospitalized in Michigan, where she now lives. Let us pray that she is blessed with a full recovery and will enjoy good health and vitality very soon.

Please call the Temple Office  
at (818) 843-4787 if a  
Temple Member is sick or  
hospitalized.



## Friday Fun For All Pizza Night



We will be serving pizza and salad on **the First Friday of every month at 6:00 PM** before service. You won't have to worry about cooking dinner, just grab the kids and join us.

\$5.00 for adults and **kids eat free!**

Please call by Wednesday of that week for reservations:

Barbara Bolter at (818) 761-3116 or  
Laura Goldstein at (818) 843-5437  
**Pizza Night Resumes This Month,  
Friday, September 5th at 6:00 PM.  
All are welcome!**

## SISTERHOOD SIDELINES – SEPTEMBER 2014

WISHING EVERYBODY A SWEET NEW YEAR!

We have been hoping that Rebbetzin Mina Sobel would present another lesson to us on Jewish Women's Traditions. She made such an inspiring and beautiful presentation to us last year that now we are excited to offer another one. It is open to all Temple women, on Sunday September 7<sup>th</sup> at 11am in Blum Hall. Rebbetzin Mina will talk to us about our spiritual lives, about why God put us on Earth and we will learn about Halacha and, above all, the role of women in Judaism.

The children will be in their classrooms, so all their mothers can attend. The Sisterhood women will already be in Blum Hall and all Temple women (and their friends) are invited to attend. The value of this education is priceless, but it's presented to us with love and free of charge. Refreshments will be served. See the flyer.

Our "Honey Project" is in the works. This year's boxes will contain a honey cake and a recipe for "Honey-Funnies" donated by Stacie and Rachil Barlow. There will be a card and other surprises in the box that we can proudly give to friends and family for Rosh Hashanah. For \$13 you can take the box and deliver it yourself. For \$20 you just sign the card and we will wrap and send it. They also make lovely gifts for Jewish service men and women.

After the Rosh Hashanah service, look for Sisterhood women who will be presenting apples dipped in honey to start everyone off on a Sweet New Year!

Sisterhood is still asking for recipes. We know you all have some good ones. And we'd like to include them as we revise and add to the cookbook we created many years ago. Please send them to Barbara Lux at: [formerlygidget@gmail.com](mailto:formerlygidget@gmail.com). It is nice to have a recipe with your name attached to it in our Temple Cook Book. The books make lovely gifts to friends and family, especially if your recipe and name are in it. And Sisterhood makes a little money by selling the books and the money helps our Temple.

Our goal is always the same: **To Help Our Temple.** We are going to be collecting dues for the coming year. For only \$15 you can be a member for a year. So please mail or bring a check for \$15 made out to TBE Sisterhood.

We are looking forward to seeing you on September 7<sup>th</sup> in Blum Hall at 10:00 AM for the meeting and 11:00 AM for Rebbetzin Mina's much anticipated presentation.

Shalom,  
Ruth Glick, Vice President





TEMPLE BETH EMET OF BURBANK  
600 North Buena Vista Street, Burbank, CA 91505  
(818) 843-4787/Fax (818) 557-7240  
[www.templebethemet.com](http://www.templebethemet.com) / [www.office@templebethemet.com](mailto:www.office@templebethemet.com)

## **You asked for it and we are only too happy to oblige!**

Sisterhood is proud to present...

**Rebbetzin Mina Sobel**

Who will speak on

**Women's Role in Judaism**

Join us as Mina guides you on how to  
delve into your spiritual soul

Sunday, September 7th, 2014 at 11am



Refreshments will be served

Call Shirley Abramson at (818) 985-2243 for reservations

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3 7:30 PM-8:30 PM BBYO-AZA Meeting 	4	5 6:00 PM <b>Pizza Night</b>  7:00 PM <b>Family Service</b>	6
7 9:00 AM Religious School Begins  10:00 AM Sisterhood Meeting 11:00 AM Mina Sobel Presentation	8	9	10 7:30 PM-8:30 PM BBYO-AZA Meeting 	11 7:00 PM Religious School Open House	12 7:30 PM <b>SHABBAT  SERVICE</b>	13
14	15 	16 7:00 PM Board Meeting	17 7:30 PM- 8:30 PM BBYO- AZA Meeting 	18	19 7:30 PM <b>SHABBAT  SERVICE</b>	20 7:00 PM Selichot Service, Intro To Holidays, Havdalah Service.
21 11:30 AM Men's Club Sponsored Back-To- School Brunch  Moving High Holidays Items to St. Jude's Church 	22	23	24  Erev Rosh Hashanah	25  Rosh Hashanah	26 7:30 PM <b>SHABBAT  SERVICE</b>	27
28	29	30				

**Coming Up in October:**

Yom Kippur begins October 3rd.

Sukkot is celebrated October 8th. Simcha Torah is observed October 17th.



NAME	REMEMBERED BY	DATE	NAME	REMEMBERED BY	DATE
<b><u>September 5th At Temple</u></b>			<b><u>September 26th At Temple, Continued</u></b>		
Ida Vosoff	Pam Seyforth	Aug. 31	Sarah Goldberg	David Frank	Sept. 23
Sidney Korman	Nancy Tidwell	Aug. 31	Yale Dubin	Sharon Lasman	Sept. 24
Paul Prinz	Ruth Prinz	Sept. 1	Lester Klein	Cheryl Mundon	Sept. 24
Ed Gold	Corinne Gold	Sept. 3	Bertha Tanzer	Helen Lott	Sept. 25
Ed Gold	Judy Kapner	Sept. 3	Miriam Pasternak	Peter Golper	Sept. 25
Arthur Savin	Sharon Lasman	Sept. 3	Gail Lynn Shapiro	Miriam Shirley Shapiro	Sept. 25
Sadie Cohen	Robert Cohen	Sept. 3	Sarah Sedlesky	Anne Newman	Sept. 27
Sylvia Levine	Norma Resnick	Sept. 3	Joseph Halpern	Frances Luben	Sept. 27
Solomon Rosenbloom	Irving Rosenbloom	Sept. 3	Stan Feit	Eric Feit	Sept. 27
Gertrude Altman	Rabbi Mark Sobel	Sept. 4	<b><u>October 3rd At Temple</u></b>		
Armin Wolf	The Congregation	Sept. 4	Donald Ham	Kyle Orlemann	Sept. 28
Samuel Schreibman	Kim Williams	Sept. 5	Zina Lubow	The Lubow Family	Sept. 28
Lillian Weiser	Helene Weiser	Sept. 6	Nat Goldman	Norman Goodman	Sept. 30
Max Knapson	Pat Bigley	Sept. 6	Mamie Rocklin	Sandra Phillips	Sept. 30
Violet Brandon	Kitty Cooper	Sept. 6	Minnie Berger	Stanley Franklin	Sept. 30
<b><u>September 12th At Temple</u></b>					
Ethel Hanna Rogers	Roxanne Oliver	Sept. 7			
Ruth Levy Schill	Jill Bornstein	Sept. 7			
Morey Cohen	Bob & LaVerne Cohen	Sept. 7			
Irving Hoffman	Shirli Carb	Sept. 7			
Irving Hoffman	Todd Carb	Sept. 7			
Fred Rosenbloom	Irving Rosenbloom	Sept. 8			
Chana Rosenbloom	Irving Rosenbloom	Sept. 9			
Susan Betnun Moore	Margery Brown	Sept. 10			
Beatrice Freedman	Holly Hollander	Sept. 10			
Sidney Friedman	Stuart Friedman	Sept. 11			
Mildred Gold	The Gold Family	Sept. 12			
Michael Beltzer	Yvonne Beltzer	Sept. 13			
Bessie Steinberg	Sandra Phillips	Sept. 13			
James Mattis	The Congregation	Sept. 13			
<b><u>September 19 At Temple</u></b>					
Ruby Epstein	Jonathan Kramer	Sept. 14			
Jose Salame	Rosa Salame Zavallos	Sept. 15			
Frieda Weicensang	Sylvia Schuster	Sept. 16			
Alfred Wasserman	Roger Wasserman	Sept. 16			
Robert Wade	Sue Schohan	Sept. 16			
Melvin David Golden	Shari Rosenberg	Sept. 17			
Anna Schiller	Helen Lott	Sept. 18			
Miriam Wise	Sandy Einbinder	Sept. 18			
Willard Oppenheim	Jonathan Kramer	Sept. 18			
Albert Sommerfeld	Monica Pink	Sept. 19			
Laura Deborah Sommerfeld	Monica Pink	Sept. 19			
Evelyn Lewis	Diane and Ira Goldstein	Sept. 19			
<b><u>September 26th At Temple</u></b>					
Doris Katchen Rose	Beverly Genereux	Sept. 21			
Albert Green	Adele Beckenholdt	Sept. 21			
Marvin Lewis	Raven Lewis	Sept. 22			
Sophie Pudding	Sylvia Morris	Sept. 22			
Theodore S. Cline	Hannah Cline	Sept. 23			

### *Yahrzeit Donations for September*

Fannie & Morris Boyaner, maternal grandparents, remembered by Monica Pink

Albert Green, father, remembered by Adele Beckenholdt

Charlie Manners, remembered by his sister, Susie Manners

Rose Mardirosian, a dear Sisterhood Member, remembered by Monica Pink

Betty Marco, remembered by Jerry and Tzipy Dash

Bella Sommerfeld, mother, remembered by Monica Pink

Theresa Testa, remembered by Ann Testa





### **The Real Robin Williams**

We never really knew him.

Article Written by Rabbi Efrem Goldberg

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Like many others, I was terribly upset to learn of the untimely passing of [Robin Williams](#), who took his own life after apparently battling psychiatric illness, depression and addiction for many years. The man who made so many others so happy was in fact himself so incredibly sad.

There are many lessons to learn from his tragic death. Discovering the depth of Williams' depression and the devastating, irreversible impact it ultimately had on his life has provoked an interest from the public in learning more about mental illness and its treatment. Some have been espousing the mistaken, ignorant and even cruel notion that a clinically depressed person's suicide could have been avoided if he only tried harder, cared more, or recognized how much it would hurt the surviving family.

### **Clinical depression is not a mood that one can snap out of.**

But clinical depression is not a mood that one can snap out of, it is not a feeling that one can adjust, and it is not an emotion that one can regulate. It is a chemical condition and requires treatment, support, empathy, and patience like any other ailment or illness. Jewish law itself acknowledges that the mentally unhealthy person is struggling not only with their mood depressed, but also with their free will to an extent suppressed. Though technically a person who commits suicide is forbidden from being buried in a Jewish cemetery, practically we allow it by explaining the suicide as the result of mental pain, anguish and disturbance, rather than an objective choice made in good health.

We certainly need to do more in our communities to learn about depression, addiction and mental illness and to create a stigma-free environment where those struggling can reach out for help and support without fear of the consequences for their reputation or that of their family.

### **Beneath the Mask**

There is another powerful lesson that strikes me as I reflect on feeling surprised and unexpectedly deeply sad in learning of [Robin Williams' death](#). We live and operate in a culture that invites and promotes being overly invested in the lives and personalities of celebrities, athletes, politicians, and public figures. We think we know them and even identify with some of them. But the truth is, we neither know nor identify with them as much as the *idea* of them, the roles they play and the limited part of their lives we are allowed into.

I thought I "knew" Robin Williams because when I was a teenager he made me laugh and as a young adult some of the characters he played touched me and provoked meaningful thought and conversations. I appreciated his self-bestowed honorary Jewish status, respected his kind personality and saw him as a mensch.

But we now know that we never really knew Robin Williams. We admired his talents, treasured his artistic contributions, and liked what we were allowed to see of him. But we didn't actually know him and we don't truly know any of the actors, athletes or public personalities whose lives we follow too closely and whose opinions on things they have no expertise about, like Israel, we care way too much about.

Robin Williams' death is an awakening to the fact that all we know is the persona (Latin word for mask) public personalities don, but we don't know the real them, and never will. We should save our being invested in, and caring about, people we truly know and with whom we build actual and personal relationships.

The truth is, even some of those we appropriately are invested in wear costumes each day. Many of those around us including co-workers, acquaintances, and neighbors, and even loved ones and dear friends wear the mask of happiness, and seem put-together and functional on the outside while they are battling loneliness, sadness, or perhaps addiction or depression on the inside.

(Continued on Page 14)

**“Be kind, for everyone you meet is fighting a hard battle.”**

Ethics of the Fathers (2:4) quotes Hillel who said, “Do not judge another until you have stood in his place.” Since it is impossible to stand in another person’s place, to be them, to have their baggage or to live their struggles, we can never judge another. Instead, we should be kind, sensitive, supportive and understanding of everyone around us.

Ian Maclaren, a 19<sup>th</sup> century Scottish author and Theologian said it well: “Be kind, for everyone you meet is fighting a hard battle.”

Robin Williams’ death is indeed terribly sad. Let us at least use it to be motivated to recognize that we often don’t know what is happening under the mask, and therefore we must always be as supportive, kind, and understanding as we can be to all with whom we come in contact.

Rabbi Efreim Goldberg

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