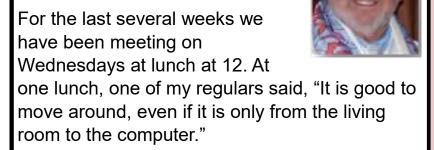


"Kol Yisrael Aravim Zeh l'Zeh" (All Israel is responsible for each other)



It made me think. One of the problems with the virus is mobility. We are humans who need motion. We are used to not only going from one place to another horizontally, steps, paces, strides, etc. but vertical as well. Building bookcases, building shelves and, very often, cleaning ceiling fans. These are all physical movements. But how many of us think about psychological movements? Viewing a movie, our mind travels to other places either in the past or the present or the future. I will let you in on a secret, my psych movement was to read. It is probably where I began my love of History. When I read about the Swamp Fox of the Revolution or The Warsaw Ghetto Uprising or the founding of Israel, I was transported to the 1700s in South Carolina and Poland in 1943 and Israel in 1948. Anyway, I was no longer in Yonkers, New York in 1965! That way, I escaped

(Continued on page 3)

Watch Shabbat Services on YouTube

Watch services on our YouTube Channel

https://www.youtube.com/channel/UCMGJ-6nbjGVT157iUgKFBgQ?pbjreload=10 New services posted every week, watch previous services.

Shabbat Services Are Now On Zoom!

Every Friday Night at 7:00 PM After the service, stay for a "virtual Oneg!"

Lunch with the Rabbi

Every Wednesday at Noon

Meeting information will be posted on our website shortly before each event

Dial in to Zoom events: +1 408 638 0968 US (San Jose) +1 669 900 6833 US (San Jose)

You will be prompted for the Meeting ID and Password. These are <u>not</u> local numbers!

The High Holidays are Coming!

Selichot - Sept.12.
Rosh Hashanah - Sept. 18 (eve) and 19.
Yom Kippur - Sept.27 (eve) and 28.
Services will be online this year.
Watch for information.



TEMPLE BETH EMET (House of Truth) ORGANIZATION

Religious Leadership

Rabbi Mark H. Sobel Music and Choir Director, Robyn Kreisberg

Rabbi Emeritus William M. Kramer Z"L* *His memory will always be a blessing to us.

2019/20 Officers and Directors

Officers

Ira L. Goldstein, *President* Ken Watnick, *Vice President* Eileen Martin, *Treasurer* Marlene Dreyfuss, *Secretary*

Directors

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Barbara Harmon

Herbert Murez

Theida Salazar

Sisterhood President

Marlene Dreyfuss

Morris Gold Religious School Faculty

Rabbi Mark Sobel, Education Director Shirley Kirschenbaum K-1 Laura Goldstein- Hebrew 2-3,4-5 Hayley Wood Social Studies 2-3,4-5 Rebyer Kreisborg Social Studies 6-7 M

Robyn Kreisberg Social Studies 6-7, Music Joshua Sobel Confirmation 8-10,

Hebrew 6-7

Rabbi Mark Bar/Bat Mitzvah Class

Robyn Kreisberg, Music

Religious School Parents Association

Cherie Rye, President

Preschool & Pre-Kindergarten

Hayley Wood, Director

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Office Manager/Secretary, Victoria Gaffney

Committee Chairs

Calendar and Usage
Victoria Gaffney
Education
David Goldstein
Membership
Barbara Bolter
Ritual

Ira L. Goldstein

Coordinators and Volunteers

Adult Education
David Goldstein
Chai Times Editor
Ira L. Goldstein
Children's Hospital LA Toys
Shirley Abramson
Havurahs
Ruth Glick, (818) 780-9134
Library
Shirley Abramson
Marquee
Rabbi Mark Sobel

One Call
Victoria Gaffney
Reach Out

Rabbi Mark Sobel

Temple Beth Emet Office Hours

Monday-Friday 8:00 AM - 3:00 PM Saturday & Sunday - closed

The office is closed in observance of the following holidays:

New Year's Day, President's Day,
First day of Pesach, Memorial Day,
Independence Day, Rosh Hashanah,
Yom Kippur, Thanksgiving
Call the Temple office at (818) 843-4787 to
contact Temple Staff/Volunteers.
Your message will be forwarded to the
appropriate person.

CHAI TIMES

Chai Times is the free, monthly newsletter of Temple Beth Emet of Burbank, delivered by email to members and available at www.TempleBethEmet.com.

Mailed hardcopies are available for an annual TBE donation payable through the Office.

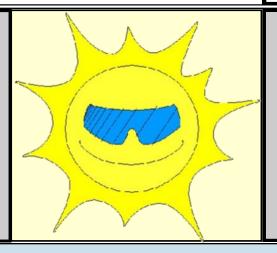
Editable article submissions, photos and feedback are encouraged and due by the 15th of the month and may be emailed to:

chaitimes@TempleBethEmet.com
or delivered to the Temple office.
Submissions will be published
based on space available,
relevant content, and at the
discretion of the Editor, Temple
Officers and Directors.

Follow Temple Beth Emet of Burbank

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https://www.facebook.com/ TempleBethEmet?fref=ts



If you have any suggestions or ideas on how we can better serve our members, please call the office or email us at:

office@Templebethemet.com





(Continued from page 1)

the hurt and sadness that my family was expressing and their anger at each other could not touch me. I wasn't even in the same place as they were, I was in another era.

Biographies were other oases I discovered. A person in their lifetime has many positives and negatives to deal with. My life of sadness, at that point, was put in better perspective by others' tragedies and how they overcame them carrying on with their lives.

These days we are trying to get through a calamity of massive proportions. We need to move in a positive manner away from the negativity that some are bringing to this situation. Our escape must be to a positive place. Not some Pollyanna village but to one where tragedies have been met and overcome. We don't know when, if ever, we will go back to the norm that was pre Corona-Virus. The danger is that we are losing hope.

Alone, we are vulnerable to the negatives of depression, doubt, and disease. 'Why should I take care of myself if it won't do any good anyway?' This attitude helps one abandon one's self-confidence. Reality then gives in to negative exaggerations and then exaggeration of the pandemic becomes its reality! This plague is real enough, it needs no exaggeration! Please, don't succumb to fear, the virus of the soul. If you must exaggerate, exaggerate the positives of your life! You have family, friends, community and especially, US. Not only do we share one Temple, be share one Heart. We are your heart!

Many have fallen into the quicksand of loss of hope. They see no future but endless suffering. It is up to us to throw them a life preserver, not the candy, but the float, and pull them out to a place where we can demonstrate to them how important they are to us. Together on the dry land of confidence we can move together and climb to the Positive peak.

It is not by accident that when we pray, we pray to "Elohainu" our God! We need each other! Loneliness is the secondary victim of Covid-19!! Here is my advice: when significant others are arguing due to the overwhelming negativity of the situation and it is painful, use your usual method of non-harmful escape to leave the stress and tension, when you need more positivity, more love, more caring, call us. We have people eager and ready to help you! Our love will get us through this, together!

B'ahava, B'Yahad,

Rabbi Mark



PRESIDENT'S MESSAGE - August 2020

"Do not separate yourself from the community." - Hillel (Pirkei Avot 2:5)

As we approach the High Holidays and the beginning of a new Religious School year there is a nagging question -- can we count on people participating when services and instruction will be online or will people decide to sit out until things return to "normal," whenever that might be.



Religious School students do need to stay on track with their studies in order to reach Bnai Mitzvah, but congregants and those who traditionally join us only on High Holidays may feel less urgency to commit to supporting our Temple and to participate in the new reality of Temple life.

Recently Rabbi Nicole Guzik of Temple Sinai, Los Angeles, wrote two columns that appeared in the *Jewish Journal*. In the first column, *Don't 'Opt Out' in COVID-19 Times*, Rabbi Guzik observed "In choosing whether to belong to a synagogue or support nonprofit institutions, many are deciding to take a 'year off' and consider rejoining the following year." She then noted that COVID-19 has affected lives financially, emotionally, and affected our health physically and mentally. In too many cases, it has taken lives. As a result, there are those who find it difficult or impossible to continue to financially support the Jewish community, yet these same people still need to "hear our support and feel our love."

Rabbi Guzik goes on to implore those who have the means to support Jewish institutions to continue to do so, even if online services or the lack of in-person activities do not provide the same experience and satisfaction that existed prior to the current situation. "A real community is one that upholds those who have fallen. A true community exists even when times are difficult and scary. A sincere community is choosing to remain active as the world falls apart."

Phrases such as "opting out" or "taking a break" do not exist, Rabbi Guzik explains, "when you see yourself as a spark of a greater light that penetrates the darkest corners of this world."

A few days later, a second column by Rabbi Guzik was published, this one was *An Open Letter to Jewish Parents About 'Opting Out,'* imploring parents to remain active in their synagogues, religious schools, and other Jewish institutions and warning:

(Continued on page 6)



Watching Services on YouTube? Enhance your experience!

You may be able to watch services on your television rather than your computer of pad.



If you have a "smart" television, Roku, Chromecast, or other streaming device you may already have access to the YouTube channel. Find the Temple Beth Emet (of Burbank) channel and watch our videos!

If your device has an HDMI port, a simple HDMI cable may be all you need to play video services directly from your device.





Or you man need a USB to HDMI adapter and an HDMI cable. (available on Amazon)

If your television does not have an HDMI input, there may be other methods of connection your device to view YouTube videos on your television.

Stay connected with Temple Beth Emet!





(Continued from page 4)

Parents who show their children that the value of the Jewish community relies on whether or not religious school will be in-person or online don't teach their children the value of being a link in the chain of thousands of years of Jewish history.

This mirrors something I have said for years and often advise our religious school parents: If you want Judaism to be important to your children, you have to show it is important to you. When we, as members of the Jewish Community at large or as parents of Jewish children, maintain our connection and involvement to our Temple, we model the value that Judaism is important, even when times are difficult.

It is important to remember that if enough people choose to disengage from the Jewish community, Judaism will never be the same. The chain of Jewish history could be weakened, perhaps to the point of breaking. If we stay together, however, we will strengthen that chain. We will strengthen our souls as well as our community.

-- IRA L. GOLDSTEIN, President

Remember the sick, recovering and bereaved with cards, calls and visits.

Please say prayers of Refuah Sh'leimah for:

Fran Bourne Johnson

Bailey Harrison

Orven Schanzer has been ill for some time now, may G-d grant him comfort and complete recovery.

Stuart Friedman has been ill. Let's join together in prayer for his improved and continued good health.

We pray for Maya Lee & wish her good health

Please call the Temple Office at (818) 843-4787 if a Temple Member is sick, recovering or hospitalized.



Havurah Happenings Havurah Simcha L'Chaim

Havurah Simcha L'Chaim members are mainly retired people. If you would like to join, please let me know. If you would like to be in a new Havurah, please let me know and we can try to get a new group started.

Please call me to discuss it.

Ruth Glick 818 780 9134



EDUCATION MATTERS - RSPA President, CHERIE RYE

Hello Temple Family,

We hope you are staying healthy and well.

Rabbi has already met with our Religious School teachers to plan the upcoming, fall school year. We plan to continue holding Religious School over Zoom until it is safe for us to be together. Closer to the time for registration, I will reach out to families and we'll plan to meet with the Rabbi over Zoom.



In the meantime, Burbank schools have decided, as well, to stick with remote learning. Children are being scheduled to pick up their school books and classroom assignments this past week and next week. For kids doing distance-learning summer school, classes are ending soon.

As a society, we've had to get creative in the ways in which we've dealt with the pandemic. My children have participated in sleepovers over Zoom, in which the host child will stream a movie through screen sharing and the participants all watch, then they talk over their own snacks into the night, at least until they fall asleep or parents take their devices. We've also participated in Zoom birthday parties in which a frantic parent drives cookies and cupcakes to various households while their children chat happily over Zoom. I've watched my son and daughter host Dungeons & Dragons games over Zoom and Discord. Multi-player games, like Minecraft, is now the place where my son meets his close school friends. Teachers of all stripes: music instructors, ballet instructors and even karate instructors have had to come up to speed quickly on the advantages and limitations of the technology platforms available to us. Many of us, while working from home, have grown closer to our families and neighbors, those people physically close to us, while we strive to maintain connections with our more remote family and friends.

While we all enjoy the benefits of these new technologies, we also know too well that these are no substitute for human contact. Let us strive to continue to support one another during this difficult time.

See you soon, in the fall.

Cherie





The Temple Beth Emet Sisterhood focus on serving the Temple and the community. Membership in Sisterhood means making a commitment to living Jewish. By being a member, you become an active link in the history of our people. You serve as a role model for Jewish values. Each member blossoms in their own individual way as they experience the camaraderie of Sisterhood and share in service to the Jewish community.

FROM THE SISTERHOOD PRESIDENT - Marlene Dreyfuss

The Sisterhood's activities are on hiatus now but we hope to be raring to go once things go back to our new normal. We miss everyone very much and hope everyone is taking care of themselves and their family during these very trying times. Best wishes from the Sisterhood.

This Is Your Personal Invitation to Join Temple Beth Emet's Sisterhood

Sisterhood is a group of friends who work together for our Temple, our children, and our community, in a very tangible way. Our President,

We meet the first Sunday of every month at 10:00 AM in Blum Hall. Please join us. Dues are only \$15 per year (commencing September of every year). Please fill out this form, cut it out and send it with your payment to: TBE Sisterhood, c/o TEMPLE BETH EMET, 600 N. Buena Vista Blvd., Burbank, CA 91505; or just leave it with the Temple Office.

NAME	
ADDRESS	
PREFERRED PHONE	
E-MAIL	<u> </u>



August Birthdays

Michael R. Speck August 1

Hannah Cline August 2

Matte Wolfson August 7

Oliver Constantine August 12

Joshua Speck August 13

Beth Linden August 27

Elias Speck August 30

Michael Vaysman August 31

August Anniversaries

Ira Goldstein & Diane Lewis-Goldstein August 2

William & Isabel Frischman August 12

Marva & Peter Felchlin August 15

Neil & Vicki Margolin August 17



AUGUST YAHRZEITS

RFN	ЛFN	1BER	FD
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NAME REMEMBERED BY: DATE: NAME BY: DATE:

Shabbat Services August 7. 2020

Rabbi Mark Sobel

Shabbat Services August 21, 2020

Moshe Jerzy	Reuven Jerzy	August 2	Margot Zimmerman	Jack & Linda Kranz	August 18
Gail Arnold	Linda & Jack Kranz	August 5	John Laird	Robert Bigley	August 21
Helen Blum	Congregation	August 6	Sandra Ditter	llene & Jeff Oseas	August 21
Joseph R. Bayer	Fred Bayer	August 6	Charles Manners	Susie Manners	August 22
Mary Vourn	Barbara Bolter	August 6			
Charlotte Kleinberg	Congregation	August 7	Shabbat Services August 28, 2020		
			Roz Marglin	Neil Margolin	August 26
Shabbat Services August 14, 2020		Louis Paskin	Diane Linger	August 26	
Brenda Latimore	Theida Salazar	August 10	Penny Pollard	Cindy Adkins	August 26
Anne Kaufman	Barry Kaufman	August 10	Jack Greenhill	Congregation	August 28
Theresa Testa	Ann Testa	August 11	Nathan Kaden	Ron Kaden	August 29
Irene Williams	Margery Brown	August 14	Irma Shuman	Congregation	August 30
Susan Moore	Margery Brown	August 14	Sadie Cohen	Robert Cohen	August 30
Richard Rothman	Congregation	August 15	Rachel Razankova	Roni Razankova	August 31
Moss Feldman	Pamela Franklin	August 15			
Hannah Bolter	Shirley Abramson	August 15			

CREATE A LASTING LEGACY

August 15

Planned Giving is a wonderful and loving way to ensure the legacy of Temple Beth Emet of Burbank and future generations. Planned Giving can be as simple as a bequest or a more complex financial arrangement which can provide many options and possible tax deductions for the donor.

Speak with your legal and financial advisors as to the best way to structure your wills and estate planning to include the Temple in your current and future plans.

Information on Planned Giving can also be found on our website at:
http://www.templebethemet.com/social-action/donations/

Anne Guttentag

AV/ELUL 5780 **AUGUST 2020** WEDNESDAY THURSDAY **FRIDAY** SUNDAY **MONDAY** TUESDAY **SATURDAY** 3 1 7:00 PM 7:00 PM 12:00 - Lunch with Shabbat Services Temple Board the Rabbi on Zoom on Zoom and Meeting on Zoom YouTube (Meeting information posted on our website prior to the meeting) 9 10 11 12 14 13 15 7:00 PM 12:00 - Lunch with Shabbat Services the Rabbi on Zoom on Zoom and YouTube Chai Times Submissions Due 17 16 18 19 20 21 22 12:00 - Lunch with 7:00 PM Shabbat Services the Rabbi on Zoom on Zoom and YouTube 24 25 23 27 29 28 12:00 - Lunch with 7:00 PM the Rabbi on Zoom Shabbat Services on Zoom and YouTube 30 31

Due to the current Covid-19 emergency, all events in August are "on-hold".

Office@TempleBethEmet.com





YAHRZEIT DONATIONS

Samuel Polakoff, remembered by Francine Bernstein

My Mother, Bertha Yaras, remembered by Francine Bernstein

Samuel Sillman, remembered by Lois Jones

Mollie Steinmetz, remembered by James & Susan Levin

Edith Liebgot, remembered by Howard Liebgot

Sidney J. Epstein, remembered by Adrienne & Jerry Everakes

Ruth Feinstein, remembered by Joel Feinstein

Abe Goldstein, remembered by Ira Goldstein and family



TEMPLE BETH EMET - BOOK CLUB

Temple Beth Emet Book Club

Conducted by Fran Bourne-Johnson

Book Club is on hiatus until September 22. 2020







TBE House of Gathering and Education

Do You Have a Son and/or Daughter In College?



Temple Beth Emet has started a program to connect with our students attending a College. We would like to help them to continue their Jewish way of life and offer them additional support. This way, they will always have an open line of communication with our Rabbi, should they have questions or need direction; and we will remind them of their link to Israel and to keep connected to the Jewish Community. After college, we hope to have them join our Temple, as an adult.

Please send an e-mail to office@templebethemet.com and give the following information:

The name of the Student;

Class Level;

Address;

Name of the University, and;

If the Student is a member of any organization or club on campus.

The Temple will send a care-package for each holiday, as a gift to the Student with a calendar of events at the Temple for each month. The Student will be invited to all events sponsored by the Temple. We would like to encourage the Student to return to the Temple as often as they wish; as the Temple would like to offer itself as a second home and place of Jewish learning. We look forward hearing from you!



You can support Temple Beth Emet with a contribution to our ongoing gofundme TM campaign.

Your generosity will help us maintain and improve our facilities and help with our outreach and membership development programs.

Simply click here online!

Tribute Cards

Tribute cards are always in order for happy or sad occasions. These cards are a wonderful way to remember or honor someone.

Did you know that you can get on an automatic mailing to those in need of well wishes by contacting the office?

A card will automatically be sent from you in your name to those in need of healing and an amount of \$10 will be added to your bill each time a card is sent in your name.

Contact the Temple Office at: 818 843-4787



Shop at Ralphs? Register your reward card at <u>ralphs.com</u> and add TBE as your organization. We will receive a donation when you shop!



Sign up for AmazonSmile and TBE will receive a donation when you shop.

Go to: smile.amazon.com

Follow Us!









That time Sunday became Sing-along Sunday. That's the Power of WE.

Imagine life offering everything you need to enjoy it to its fullest. An extended family working together, supporting you, lifting you up, raising your spirits and making life easier. Every day. Your meals, your prescriptions, your chores, even a hobby or two, all looked after and taken care of. Smiles at every turn, an inside joke with a neighbor, a familiar favorite tune drifting up from the courtyard. A life thriving through connection. That's living at The Heights at Burbank. That's the Power of WE.

Please call 818.732.8450 for a personalized virtual tour or visit our website to learn more.

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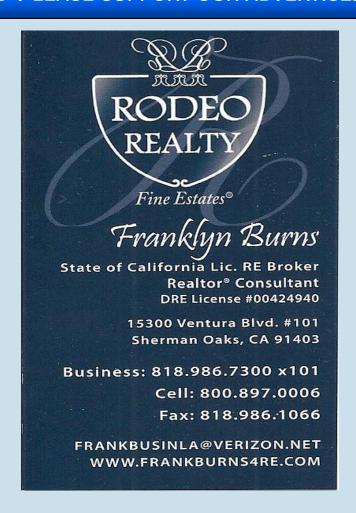








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